

CMCC AAS HUS to USM-LAC BA SBS Counseling

Name: _____ ID#: _____ Date Updated: _____
 Minor/Concentration/etc.: _____ Advisor 1: _____ Advisor 2: _____
 Graduation Requirements:
 ___ Minimum 120 credit hours including all core and major requirements ___ Minimum GPA 2.00 is required to graduate
 ___ 30 out of the last 45 credits taken at USM *

SBS Prerequisite (9):

Course #	Course Title	Term	Grade	Credits
ANT 101	Anthropology: The Cultural View (See Note A)			3
PSY 101	General Psychology I PSY 101	CMCC		3
PSY 102	General Psychology II			3
SOC 100	Introduction to Sociology (See Note B)	waived		0

SBS Required Courses (28 Credit Hours):

Course #	Course Title	Term	Grade	Credits
LCC 150	Stats for Informed Decision-Making	MAT135	CMCC	3
SBS/HRD 200	Multicult Human Growth & Development (see Note A)	PSY 111	CMCC	3
SBS 300	Deviance & Social Control (see Note D)			3
SBS 329	Research Methods			3
LAC 269	Exploring Careers			1.5
LCC 370	Toward a Global Ethics (see Note G)			4
LAC 413	Job Search Skills			1.5
SBS 430	Applied Social Policy			3
LAC 447	Internship (see Note E)	HUS241	CMCC	3
LCC 480	Senior Seminar			3

General Electives (Additional credit to meet the 120 required to graduate):

Course #	Course Title	Term	Grade	Credits
MAT100	Intermed Algebra or higher	CMCC		3
???	Final HUS Semester elective (see note C)	CMCC		3
SOC 201	Sociol of Aging (see Note D)	CMCC		3
PSY 151	Interviewing & Counseling	CMCC		3
PSY 202	Disability/Psychosoc Rehab (see note D)	CMCC		3
HUS 155	Case Management	CMCC		3
HUS 153	Substance Abuse	CMCC		3
PSY 212	Abuse, Trauma, Recovery	CMCC		3
PHI 101	Critical Thinking	CMCC		3
HUS 251	Practicum II (see Note E)	CMCC		3

SBS Electives (18 Credit Hours): Must be 300+ level. Students will complete at least six electives in SBS. For the SBS Counseling Concentration, the 3 transferred courses fulfill the categories designated below. Remaining courses will be the two Counseling Concentration required courses, plus one chosen from either the Applied Topics category or a list of recommended courses (see Note H and *, below). *Note that only HUS transfer students automatically transfer in 3 courses as SBS electives; otherwise the limit is 2.*

Course #	Course Title	Term	Grade	Credits
SBS 311	Theories of Personality			3
SBS 411	Counseling & Psychotherapy			3
Disorders/Svcs	Intr to Com Mental Health	HUS112	CMCC	3
Diversity	Issues in Diversity (note D)	SOC200	CMCC	3
Development	Sociology of Family	SOC220	CMCC	3
Applied Topics (see Note H)				3

30 total *plus courses as needed to get to minimum of 120 credits.*

USM Core Requirements

Core Category	Course	Term	Grade	Credits
Entry Year Experience (EYE)	Waived			
College Writing (CW) Must be C+ or better	Eng 101 or 105	CMCC		3
Quantitative Reasoning (QR)	MAT 135	CMCC		0
Cultural Interpretation (CI)				3
Socio Cultural Analysis (SCA)	met (See Note A)			0
Science Exploration (SE)	BIO 101/102	CMCC		4
Creative Expression (CE) (See Note F)	COM 100	CMCC		3

Core Category	Course	Term	Grade	Credits
Ethical Inquiry (EISRC) (see Note G)	LCC 370			0
Diversity (DIV) (see Note D)	SBS 300			0
International (INT) (see Note G)	LCC 370 / ANT 101			0
Thematic Cluster (TC) or Minor (see Note I)	PSY 204	CMCC		3
Thematic Cluster (TC)				3
Thematic Cluster (TC)				3
Capstone (CAP) (see Note J)	LCC 480			0

Note A: Several classes that fulfill the core categories are *also* required by the major and can be used to meet *both* requirements.

- *ANT 101 Anthropology: The Cultural View* meets the SCA core requirement as well as a requirement of the major.
- *SBS/HRD 200 Multicultural Growth and Development* also meets the SCA core requirement.
- *ANT 101* also meets the DIV and INT core requirements, but can only be applied to one of these two. Other required SBS courses also fulfill these core requirements, and additional 'double-dips' are listed below.

Note B: SBS prerequisite SOC 100 is waived for CMCC HUS AA students because they take 3 SOC courses for the AA.

Note C: The final semester HUS elective may be able to fit into another category depending on what students choose to take. No additional courses can be imported as SBS electives, however, in order to allow students room to benefit from upper division SBS content.

Note D: The USM core Diversity requirement is met by multiple courses in the HUS and SBS degrees, including CMCC's *PSY 202 and SOC 200, SBS 300 Deviance and Social Control*, and *ANT 101* from both institutions.

Note E: Students can count Practicum I or II as meeting the LAC 447 Internship requirement of the SBS major. Practicum I is inserted there, and Practicum II counted as a general elective, for convenience.

- **IMPORTANT:** The use of HUS 241 for the SBS internship is based on the assumption that students have decided to continue with the same professional path of their HUS 241 experience. *If the student is changing fields or settings, an additional internship may be very much to their benefit!!* This should be determined jointly with their advisor. In that case, Practicum I would instead be counted as a general elective.

Note F: CMCC's COM 100 fulfills the USM Core CE requirement, as do various other CMCC courses as per USM transfer equivalencies.

Note G: *LCC 370 Toward a Global Ethics* meets both EISRC and major requirements. *LCC 370* additionally meets the INT core requirement.

Note H: Students with the HUS AA degree will already have completed a course meeting the Applied Topics category requirement (Substance Abuse). Therefore they may either choose another course from that category OR one of the following recommended courses: *SBS 303 Abnormal Psychology, SBS 304 Food, Culture, and Eating; SBS 306 Adolescence; SBS 308 Health, Illness, and Culture; SBS 390 Brain and Behavior; SBS 335 Legal Issues in Health and Human Services; SBS 350 Psychosocial Disorders of Childhood and Adolescence; SBS 420 Mindfulness-Based Stress Reduction; or any SBS 399 Special Topics* offering. Other courses may be selected in consultation with advisor.

Note I: The Thematic Cluster requirement is met by any three courses outside of the major at the USM 200-level or above.

- PSY 204 can count for the Professional Practices Cluster OR as a general elective. PSY 212 can count for the Health and Wellness cluster OR as a general elective. Or students may select a different Thematic Cluster if they wish.
- A course in government or civics (such as *LCC 220 U.S. Democracy: Origins and Development*) **is recommended as an elective** for students interested in careers in advocacy. One aim of the SBS degree is to build understanding of social policies and government processes critical to advocating effectively for one's clients, profession, etc., as reflected in the *SBS 430 Applied Social Policy* course requirement.

Note J: *LCC 480 Senior Seminar* meets both CAP and major requirements

* The LAC curriculum includes a scaffolded sequence of courses, intentionally designed to develop strong writing and communication skills highly valued by employers. In addition, 300 and 400 level courses are generally expected to present material at a different level from 100 and 200 level courses (e.g., more in-depth, more specialized, etc.). As a result, the articulation from HUS to SBS works best for students transferring in with approximately 60 credits. However LAC advisors understand that many students have taken additional courses prior to transferring, and will work with each student to best apply any additional credits. For more information, check the CMCC to USM transfer equivalency list and/or consult with USM's LAC's Students Success Center. **Also note that the Prior Learning Assessment (PLA) process may be used to earn SBS elective credits; this can be done *with or without* registering for the *SBS 323 Portfolio Development* course.**