

CMCC AAS CRJ to USM-LAC BA SBS Community Response and Mental Health

Name: _____ ID#: _____ Date Updated: _____
 Minor/Concentration/etc.: _____ Advisor 1: _____ Advisor 2: _____

Graduation Requirements:

___ Minimum 120 credit hours including all core and major requirements ___ Minimum GPA 2.00 is required to graduate
 ___ 30 out of the last 45 credits taken at USM

SBS Prerequisites (12):

| Course # | Course Title | Term | Grade | Credits |
|----------|---|------|-------|---------|
| ANT 101 | Anthropology: The Cultural View (See Note A) | | | 3 |
| PSY 101 | General Psychology I PSY 101 | CMCC | | 3 |
| PSY 102 | General Psychology II | | | 3 |
| SOC 100 | Introduction to Sociology | | | 3 |

SBS Required Courses (28 Credit Hours):

| Course # | Course Title | Term | Grade | Credits |
|-------------|---|------|-------|---------|
| LCC 150 | Stats for Informed Decision-Making (see Note B) | | | 3 |
| SBS/HRD 200 | Multicult Human Growth & Development (see Note A) | | | 3 |
| SBS 300 | Deviance & Social Control | | | 3 |
| SBS 329 | Research Methods | | | 3 |
| LAC 269 | Exploring Careers | | | 1.5 |
| LCC 370 | Toward a Global Ethics | | | 4 |
| LAC 413 | Job Search Skills | | | 1.5 |
| SBS 430 | Applied Social Policy | | | 3 |
| LAC 447 | Internship (see Note C) | | | 0-3 |
| LCC 480 | Senior Seminar | | | 3 |

General Electives (To meet 120 credits required to graduate):

| Course # | Course Title | Term | Grade | Credits |
|-------------|--|------|-------|---------|
| MAT ___ | Math elective 100 or higher (see Note B) | CMCC | | 0-3 |
| CRJ 101 | Intro to Crim Justice | CMCC | | 3 |
| CRJ 122 | Crim Law & Report Writing | CMCC | | 3 |
| CRJ 201 | Civil Liberties | CMCC | | 3 |
| CRJ 212 | Crim Investig & Report Wrtg II | CMCC | | 3 |
| CRJ 220 | Police Operations | CMCC | | 3 |
| CRJ 245 | Criminology (see Note A) | CMCC | | 3 |
| CRJ 250 | Criminalistics | CMCC | | 3 |
| PHI 101 | Critical Thinking | CMCC | | 3 |
| POS 150/151 | American Politics (or) American State & Local Gov | CMCC | | 3 |
| CRJ ___ | Advising Pathway course 4 | CMCC | | 3 |
| CRJ ___ | Advising Pathway course 5 Restricted elective * | CMCC | | 3 |
| CRJ ___ | Advising Pathway course 6 Restricted elective or Externship (see Note C) | CMCC | | 0-3 |

33-39 total plus courses as needed to get to minimum of 120 credits.

USM Core Requirements

| Core Category | Course | Term | Grade | Credits |
|--|-----------------------|------|-------|---------|
| Entry Year Experience (EYE) | Waived | | | 0 |
| College Writing (CW) Must be C+ or better | Eng 101 or 105 | CMCC | | 3 |
| Quantitative Reasoning (QR) | LCC 150 See Note B | | | 3 |
| Cultural Interpretation (CI) See Note D | | | | 3 |
| Socio Cultural Analysis (SCA) | SOC 100 See Note A | | | 0 |
| Science Explore (SE) | BIO 101/102 | CMCC | | 4 |
| Creative Expression (CE) | COM 100 See Note E | CMCC | | 3 |

SBS Electives (18 Credit Hours): Must be 300+ level.

For the **Community Response and Mental Health** concentration for CMCC CRJ students, the final SBS elective should be one of the following: SBS 303 Abnormal Psychology; SBS 306 Adolescence; SBS 310 Childhood and Society; SBS 339 Ethnicity, Immigration, and Identity; SBS 341 The Family; SBS 344 Violence: Causes and Control; SBS 347 Youth, Community, and Higher Education; SBS 348 Responding to Mental Health Crisis in the Community; SBS 349 Trauma and Narrative; 390 Brain and Behavior; **or** SBS 399 or other course depending on content (e.g., Behavioral Forensics, Conflict Resolution, etc). Students should consult with their advisors.

| Course # | Course Title | Term | Grade | Credits |
|----------------|--|------|-------|---------|
| SBS 303 or 390 | Abnormal Psychology OR Brain and Behavior | | | 3 |
| SBS 346 | Intro to Social Services | | | 3 |
| SBS 348 or 349 | Responding to Mental Health Crisis in the Community OR Trauma and Narrative | | | 3 |
| SBS 343 | Substance Abuse | | | 3 |
| SBS 420 | Mindfulness-Based Stress Reduction (see Note F) | | | 3 |
| SBS XXX | SBS Restricted Elective * | | | 3 |

| Core Category | Course | Term | Grade | Credits |
|--------------------------------------|--------------------|------|-------|---------|
| Ethical Inquiry (EISRC) (see Note G) | LCC 370 | | | 0 |
| Diversity (DIV) (see Note H) | SBS 300 | | | 0 |
| International (INT) (see Note A) | LCC 370 / ANT 101 | | | 0 |
| Thematic Cluster (TC) or Minor | Advising Pathway 1 | CMCC | | 3 |
| Thematic Cluster (TC) | Advising Pathway 2 | CMCC | | 3 |
| Thematic Cluster (TC) (see Note I) | Advising Pathway 3 | CMCC | | 3 |
| Capstone (CAP) (see Note J) | LCC 480 | | | 0 |

Note A: Several classes that fulfill the core categories are *also* required by the major and can be used to meet *both* requirements.

- *ANT 101 Anthropology: The Cultural View* meets the SCA core requirement as well as a requirement of the major.
- *SOC 100, and SBS/HRD 200 and CRJ 245 Criminology* also meet the SCA core requirement.
- *ANT 101* also meets the DIV and INT core requirements, but can only be applied to one of these two. Other required SBS courses also fulfill these core requirements, and an additional 'double-dips' are listed below.

Note B: CMCC's *MAT 100 or higher* counts as a general elective **unless** it is Statistics, in which case it can fulfill both the QR core requirement and the requirement of the SBS major in place of *LCC 150 Statistics for Informed Decision Making*.

Note C: If the Advising Pathway Course 6 is CRJ 297 Externship, it can be used to fulfill the *LAC 447 Internship* requirement of the SBS major.

- If the student is changing fields or settings, however, an additional internship may be to their benefit. This should be determined jointly with their advisor.
- If a student is already working in their desired career and setting, the Internship may be waived in consultation with their advisor.
- Alternatively, students may be able to use their current work setting for the internship, with the addition of new duties, learning outcomes, and supervision. Students should speak with their advisor about these possibilities.

Note D: SBS students are encouraged *but not required* to take *LCC 200 Creative Critical Inquiry* to fulfill the CI core requirement.

Note E: CMCC CRJ students may choose either COM 100 or COM 101. COM 100 fulfills the CE requirement; COM 101 does not.

Note F: *Mindfulness-Based Stress Reduction (SBS 420)* is a critical tool for public safety careers, encompassing techniques for cognitive, emotional, and behavioral self-regulation, which can also be applied to others. If a student has already completed documented, *in-depth* training in Mindfulness from a non-credit bearing training, another SBS elective may be chosen *or* the student may use the Prior Learning Assessment (PLA) process to earn credit for that training. Other courses providing similar skills-sets may be substituted with advisor's approval (e.g., courses in conflict resolution or mediation, health and wellness, etc.).

Note G: *LCC 370 Toward a Global Ethics* meets both EISRC and major requirements. *LCC 370* additionally meets the INT core requirement.

Note H: *SBS 300 Deviance and Social Control* meets both DIV and major requirements.

Note I: The Thematic Cluster requirement is met by any CRJ Advising Pathway courses at the USM 200-level or above.

- Some advising pathway courses may fit better in other spots.
- CMCC's *CRJ 225 Race and Ethnicity Issues in Law Enforcement* is recommended as an elective for students planning on completing the SBS degree
- A course in government or civics (such as *LCC 220 U.S. Democracy: Origins and Development*) is recommended as an elective for students interested in careers in advocacy. One aim of the SBS degree is to build understanding of social policies and government processes critical to advocating effectively for one's clients, profession, etc., as reflected in the *SBS 430 Applied Social Policy* course requirement.

Note J: *LCC 480 Senior Seminar* meets both CAP and major requirements

The Prior Learning Assessment (PLA) process may be used to earn SBS elective credits; this can be done *with or without* registering for the *SBS 323 Portfolio Development* course.