



**Transfer Articulation Agreement for Baccalaureate Degree**  
 between  
**Central Maine Community College**  
 and  
**Saint Joseph's College of Maine**

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**Statement of Purpose**

Central Maine Community College (CMCC) and Saint Joseph's College of Maine (SJC) have entered into this transfer articulation agreement. The purpose of this agreement is to facilitate student academic transfer and provide a smooth transition from a two-year community college to a university. It is recognized that this agreement shall describe the required program of study at CMCC for admission eligibility to SJC and the Baccalaureate Degree Program indicated.

**Terms and Conditions of Academic Credit Transfer**

**To: Bachelor of Science in Physical Education Teacher Preparation**  
 (SJC Academic Program/Degree)

**From: Associate in Science in Exercise Science**  
 (CMCC Academic Program/Degree)

The evaluation and transfer of earned college credits shall follow state and federal education policies and institutional and academic program accreditation standards pertaining to undergraduate academic transfer. Current students and graduates who have earned degrees from Central Maine Community College shall be eligible for credit evaluation under the terms of this agreement.

Transfer students will be accorded the same standards and criteria for admission to a major degree sequence as SJC students. All applicants accepted to SJC Baccalaureate programs must fulfill the graduation requirements of the granting institution as identified in Appendices A, B & C.

- \* Appendix A contains admission and graduation requirements of the receiving institution
- \* Appendix B contains side by side course equivalency tables for the academic programs listed above
- \* Appendix C contains a map of remaining courses to be taken at SJC

Note - The information contained in Appendices A, B, & C is accurate for:

CMCC catalog year 2021-2022:

[www.cmcc.edu](http://www.cmcc.edu)

SJC catalog year 2021-2022:

<https://www.sjcme.edu/>

**Articulation Implementation and Agreement Review**

The Chief Academic Officer designees of CMCC and SJC shall be responsible for implementing this agreement, for identifying and incorporating any changes into subsequent agreements, and for conducting a *periodic review of this agreement.*

**Signatures to This Agreement**

This agreement becomes effective January 2022 and will be reviewed January 2025 for renewal discussion.

*Betsy H. Libby*  
Betsy H. Libby (Jan 20, 2022 12:24 EST)

Jan 20, 2022

Betsy Libby  
President  
Central Maine Community College

Date

*James Dlugos*  
James Dlugos (Jan 18, 2022 15:59 EST)

Jan 18, 2022

James Dlugos  
President  
Saint Joseph's College of Maine

Date



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**APPENDIX A**

This agreement includes specific requirements for admission into a program, outlines requirements, and indicates which degree or diploma can be used to meet program prerequisites as well as general education, major or program, and graduation requirements.

**Admissions requirements:** Successful completion of the Associate in Science in Exercise Science, submission of completed admission application, transcripts and other supporting materials. For coursework to transfer to SJC, a student must earn a grade of C or better.  
 For a list of application instructions and checklist: <https://www.sjcme.edu/admissions/oncampus/>

**Requirements for the Bachelor of Science in Physical Education Teacher Preparation:** Remaining required course work is listed in Appendix C. Student must maintain a cumulative GPA of 2.0 to graduate and earn a passing grade in all courses required for the major. In addition, beginning with the Class of 2023, students must complete an e-Portfolio demonstrating satisfaction of institutional and program learning outcomes.  
**SJC Residency Requirement:** At minimum, 30 credits of a student's baccalaureate course load must be completed at SJC.

**Additional Institutional Contact Information:**

Academic Department Chair (CMCC)		
Name: Ros Arienti	E-mail: rarianti@cmcc.edu	Phone: (207) 755-5413
Academic Department Chair (SJC)		
Name: Karen Croteau	E-mail: kcroteau@sjcme.edu	Phone: (207) 893-7665
Faculty (SJC)		
Name: Christopher Willer	E-mail: cwiller@sjcme.edu	Phone: (207) 893-7904

## APPENDIX B

*Courses represented in italics are required.*

*If subjects in italics in Appendix B are **not** taken at CMCC, the sequence represented in Appendix C cannot be observed.*

**Only courses in which a student has earned a grade of C or higher are considered for transfer.**

CMCC Associate in Science in Exercise Science; General Education Requirements			SJC equivalencies		
Course	Title	Credits	Course	Title	Credits
COM 100	Public Speaking	3		Art, Creativity & Self-Knowledge	3
Elective: Gen'l Education	Choose: HIS Elective – “200” level –	3	HPS 200+	History (HPS) Elective	3
ENG 101 <b>OR</b> ENG 105	College Writing <b>OR</b> College Writing Seminar	3-4	EH 101	College Writing	3-4
ENG	ENG Writing Elective (not CRJ or JUS)	3		English (EH) Elective	3
Humanities elective	Choose: REL 101 Comparative Religion	3	TH 1XX	Theology (TH) Elective	3
MAT 122	College Algebra	3	MA 105	College Algebra General Elective	3
MAT 135	Statistics	3	MA 205	Elementary Statistics	3
PHI 111	Ethics	3	PH 200	Human Nature and Ethics	3
PSY 101	Introduction to Psychology	3	PY 101	Introduction to Psychology	3
<b>Total credits</b>		<b>27-28</b>			<b>27-28</b>

CMCC Associate in Science in Exercise Science; Major Requirements			SJC equivalencies		
Course	Title	Credits	Course	Title	Credits
BIO 110 & BIO 111	BIO, CHY or PHY – Choose: Fundamentals of Environmental Science, Lecture & Lab	4	ES 100	Ecology and the Environmental Challenge	4
BIO, CHY or PHY	BIO 131/132 Biology I <b>OR</b> CHY 121/122 Gen Chem I <b>OR</b> PHY 142/143 Physics I	4	BI, CH or PC	BI 120 Introductory Biology I <b>OR</b> CH 130 Principles of Chemistry <b>OR</b> PC 120 Physics I- Mechanics	4
BIO 115 & BIO 116	Anatomy & Physiology I, Lecture & Lab	4	BI 210	Anatomy & Physiology I	4
BIO 117 & BIO 118	Anatomy & Physiology II, Lecture & Lab	4	BI 211	Anatomy & Physiology II	4
BIO 121	Nutrition	3		General Elective	3
PHF 110	Exercise Science, Athletic Training & Physical Fitness Seminar	1	SE 110	Introduction to Physical Education, Sport and Exercise Science	1
PHF 122	Kinesiology	3	SE 302	Anatomical Kinesiology	3
PHF 155	Introduction to Exercise Science	4	SE 205	Training for Fitness and Sport (plus 1 General Elective credit)	4
PHF 204	Nutrition for Human Performance	3	SE 204	Nutrition in Fitness and Sport	3
PHF 207	Introduction to Injury Prevention + Mgmt	3	SE 203	Care and Prevention of Injuries	3
PHF 208	Exercise Test and Prescription	4	SE 319	Exercise Testing and Prescription	4
<b>Total Major Credits</b>		<b>37</b>			<b>37</b>
<b>Total Credits</b>		<b>64-65</b>	<b>Total Credits Accepted</b>		<b>64-65</b>

## APPENDIX C

### Remaining St. Joseph's College Degree Requirements

For students in CMCC Associate in Science in Exercise Science transferring to  
SJC Bachelor of Science in Physical Education Teacher Preparation

Assumes students complete recommended courses at CMCC as listed in Appendix B.

Year Three Fall		Year Three Spring	
Course	Credit	Course	Credit
TH100 Introduction to the Judeo-Christian	4	PE306 Methods in Teaching Middle School and Secondary Physical Education and Assessment	4
PE305 Methods in Teaching Elementary Physical Education and Assessment	4	SE304 Exercise Physiology	4
PE208 Skills Themes and Movement	2	PE101 Invasion Games	2
PE102 Net Games	2	HPS 104 Modern Global History	4
ED100 Foundations of Education	3	Philosophy (PH) Elective	4
<b>Semester Credits</b>	<b>15</b>	<b>Semester Credits</b>	<b>18</b>

Year Four Fall		Year Four Spring	
Course	Credit	Course	Credit
PE405- Applied Skills/Practicum	2	PE407 Seminar in PE/Curriculum	3
PE104 Outdoor Games	2	PE408 Supervised Student Teaching in Physical Education	12
PE316 Motor Learning	4		
PE315 Adapted Physical Education and Assessment	4		
PE105 Aquatics	2		
<b>Semester Credits</b>	<b>14</b>	<b>Semester Credits</b>	<b>15</b>

**Total SJC credits: 62**

**Total CMCC credits: 64-65**

**Total CMCC and SJC credits: 126-127**

**In addition, beginning with the Class of 2023, students must complete an e-Portfolio demonstrating satisfaction of institutional and program learning outcomes.**