

APPENDIX B

Course Requirements for UNE, B.S. in Health, Wellness and Occupational Studies Central Maine Community College Curriculum, A.A. Liberal Studies Degree, or A.S. Life Sciences Degree with additional coursework

First Year Semester I (Fall)	Credits
BIO 115 Anatomy & Physiology I (Lecture)	3
BIO 116 Anatomy & Physiology I (Lab)	1
ENG 101 College Writing*	3-4
or ENG 105 College Writing Workshop	
MAT 135 Statistics	3
PHI 111 Ethics	3
Humanities or Social Science Elective: PSY 101 Intro to Psychology (preferred)	3
Total Credits:	16-17

First Year Semester II (Spring)	Credits
BIO 117 Anatomy & Physiology II (Lecture)	3
BIO 118 Anatomy & Physiology II (Lab)	1
General Elective: MET 111 Medical Terminology (preferred)	3
General Education Elective: PSY 111 Developmental Psychology-preferred	3
Humanities or Social Science Elective: SOC 101 Intro to Sociology (preferred)	3
MAT 122 College Algebra	3
Total Credits:	16

Second Year Semester III (Fall)	Credits
BIO 131 Biology I (Lecture)	3
BIO 132 Biology I (Lab)	1
CHY 121 General Chemistry I (Lecture)	3
CHY 122 General Chemistry I (Lab)	1
General Education Elective: SOC 201 Sociology of Aging or PSY 202 Dev. Disabilities/Psychosocial Rehab	3
MAT 132 Pre-Calculus	3
Total Credits:	14

Second Year Semester IV (Spring)	Credits
BIO 104 Health and Wellness	3
CHY 123 General Chemistry II (Lecture)	3
CHY 124 General Chemistry II (Lab)	1
COM 100 Public Speaking	3
General Education Elective: ART, MUS or THE	3
General Elective: HUS 112 Intro Community Mental Health or HUS 153 Substance Abuse	3
Total Credits:	16

Total Degree Credits:	62-63
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APPENDIX C

**Remaining Courses for the University Degree of B.S. in Health, Wellness,
and Occupational Studies**

Fall 3		
Course	Title	Credits
PSY 205	Abnormal Psychology	3
HWOS 341	Health & Wellness in an Aging Society	3
IHS 120	Health care issues	1
EXS 180	Motor Learning and Performance	3
HWOS 305	Introduction to OT and Related Fields	3
ELE	Elective	3
Total Credits Fall 3		16

Spring 3		
Course	Title	Credits
IHS 210	Methods of Scholarly Inquiry	3
HWOS 313	Occupational Media	3
BIO 309	Pathophysiology	3
ELE	Elective	3
	Core requirement: ADV studies course	3
Total Credits Spring 3		15

Fall 4		
Course	Title	Credits
HWOS 405	Occupational Science	3
HWOS 414	Stress Management	3
HWOS 331	Principles of Health Promotion & Disease Prevention	3
BIO 404	Neuroscience	4
Total Credits Fall 4		13

Spring 4		
Course	Title	Credits
HWOS 434	Theories of Education in Health Promotion	4
HWOS 434	Substance Abuse and Prevention	3
HWOS 316	Research Methods	3
HWOS 432	Disability Studies	3
ELE	Elective	3
Total Credits Spring 4		16

Total credits (above) earned at the University = 60

Total Credits for University's B.S. Degree in Health, Wellness and Occupational Studies with College's course work from Appendix B = 122-123